



STATE REPRESENTATIVE  
**MIKE ZABEL**  
163<sup>RD</sup> LEGISLATIVE DISTRICT  
FALL 2019

## DEAR NEIGHBOR,

As I move closer to the end of my first year serving as your state representative and your voice in Harrisburg, I want to again thank you for this humbling opportunity and to remind you of some of what we've done thus far in 2019.

Back home, we just signed the lease on a new district office in Clifton Heights, which is scheduled to open Wednesday, Dec. 4, 2019. My staff and I can't wait to open the doors to these new digs, which, like our Drexel Hill office, will be open Monday-Friday, 9 a.m.-5 p.m. We're excited to more easily be able to serve residents in the southern part of the 163rd!

In Harrisburg, I've been working hard to keep our citizens safe, our environment clean and our schools properly funded. This included participating in an electronic recycling event to help promote a package

of bills called Zero Waste PA. I introduced legislation aimed at combating the growing e-waste problems in Pennsylvania. Other legislation we addressed included single-use plastics, litter and the general but severe environmental harms of being a "throwaway" society.



Photo © Harris Fogel 2019

Additionally, I was there in the Capitol Rotunda to participate in the 100% Fair Funding Day of Action as we called for fair funding for all children in Pennsylvania public schools.

Both in Harrisburg and back at home, I've rallied and fought for sensible gun safety reform, strong unions, a cleaner environment, solutions to the opioid crisis and affordable health care.

I've hosted special events including our Veterans Luncheon, a Job Fair, a Car Seat Safety Check, a Benefits Bash, a Hoops & Backpack Giveaway, Darby Creek cleanups, a Senior Expo, Senior Breakfast and a Mental Health & Wellness Expo.

Though it keeps me incredibly busy, I love this job, and I am honored to work on your behalf. I am reminded throughout my no-day-is-the-same daily routine that our communities are worth fighting for to make them safer, cleaner, healthier and happier.

And, again, I thank you for the opportunity to serve.

Sincerely,

**Stay Connected**  
Get updates from Harrisburg and around the District from Rep. Zabel!

My office sends frequent e-newsletters (or e-blasts) containing legislative updates, highlighting local events and providing you with valuable information. In an effort to conserve paper and reduce cost, we will be limiting the amount of paper newsletters that we send.

Please sign up to receive my regular e-blasts through my website: [www.pahouse.com/Zabel](http://www.pahouse.com/Zabel).

**District Offices:** 5248 Township Line Rd. • Drexel Hill, PA 19026 • P: (484) 200-8262 • *Mon. – Fri. 9 a.m. to 5 p.m.*  
236 W. Baltimore Ave. • Clifton Heights, PA 19018 • P: (484) 200-1563 • *Mon. – Fri. 9 a.m. to 5 p.m.*  
**Mobile Office:** Aldan American Legion Memorial Post 1000 • 106 Bonsall Ave. • Aldan, PA 19018  
*Every Wednesday 9 a.m. to 12 p.m. (No Appointment Necessary)*  
**Capitol Office:** 117 B East Wing • P.O. Box 202163 • Harrisburg, PA 17120-2163 • P: (717) 783-8099  
[RepZabel@pahouse.net](mailto:RepZabel@pahouse.net) • [www.pahouse.com/Zabel](http://www.pahouse.com/Zabel) • [www.facebook.com/RepZabel](https://www.facebook.com/RepZabel) • [@RepZabel](https://twitter.com/RepZabel)

# MIKE IN THE COMMUNITY

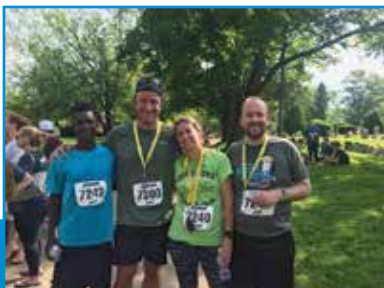


*Holding a puppy is pure joy! My thanks to Sen. Tim Kearney and Rep. Leanne Krueger for hosting a successful Pet Expo. My daughter now wants puppies at all of my events!*

*Right: Thanks to all the wonderful seniors who attended my recent Senior Breakfast, where we also talked about changes to Medicare.*



*We wore orange at this Delco United Gun Sense Rally because we need to raise awareness – and continue to fight for legislation – to protect communities from gun violence.*



*Upper Darby School District pride was on full display during the Schoener 5K through Arlington Cemetery and the streets of Drexel Hill.*



*Nobody celebrates the Fourth of July like the 163rd! I really enjoyed marching through the streets of Aldan and Clifton Heights and celebrating America with my family and our neighbors.*



*Hosting a forum on the effects of opioid addiction on children and families was an eye-opening experience, and we will continue the discussion.*



*Above: Our Hoops & Backpack Giveaway with Dedicated to Greatness Basketball before the school year was a blast.*

*Below: The Upper Darby Community Outreach Summer Day Camp offers so many wonderful resources to our young residents.*







Participating in the Capitol All-Star Softball game was a BLAST, and it helped raise money to help fight hunger in Pennsylvania.



Did you know the Slinky was born in Clifton Heights? What better way to celebrate National Slinky Day!



Don't let my last name fool you! My family lines are overwhelmingly Irish, which is why I was especially happy at the 3rd Annual Havertown Irish Festival.



We rallied for 100% fair funding for our public schools this year. Here I am with Bonnee Bentrum, a member of a local teacher's union.



A special thanks to the Upper Darby Police Department and PA State Police for helping out during our Car Seat Safety Check.



This fall, we were able to teach folks how to fish while also learning about the various species of fish in area waters like Darby Creek.

Right: I had the chance to tour Penn Waste's recycling facility in York to see how single stream recycling is processed and learn more about the challenges we face with recycling today.





# SERVICES WE OFFER



My mobile office at Aldan American Legion Post 1000, 106 Bonsall Ave., is open every Wednesday from 9 a.m. until noon. No appointment necessary. And we share mobile office hours with the staff of U.S. Rep. Mary Gay Scanlon on the third Wednesday of each month, when staff can assist you with federal issues or questions.



Did you know that this past year, we helped somebody from our district discover over \$190,000 in unclaimed property? A number so high is extremely rare, but it's not so rare that folks are owed money they don't know about. Contact my office, and we can help you start your search.



## Other Ways My District Can Serve You

- Provide you with Pennsylvania state tax forms
- Print out federal tax forms whenever possible
- Provide you with and help you fill out Property Tax/Rent Rebate forms
- Help you find and claim unclaimed money in your name through the Pennsylvania Treasury
- Assist you with unemployment compensation questions or problems
- Field questions or handle problems concerning PennDOT, including complaints about road conditions
- Explain the REAL ID application process
- Field questions or complaints about utilities and the Public Utility Commission
- Send state forms for you to the appropriate departments in Harrisburg to expedite their processing
- Provide you with recognition from the Pennsylvania House of Representatives for outstanding local accomplishments and family milestones
- Provide you with any state form or brochure
- Schedule tours of the state Capitol for individuals or groups
- Answer questions about proposed legislation



# LEGISLATIVE UPDATES

*I want to keep you updated on legislation I'm working on in Harrisburg.*

**Expanding Voting Access:** In Delaware County, many of us split our tickets when voting in elections. That keeps politicians accountable. Single party government does not work here. That, in part, is why I voted "YES" on SB 421, which expands voting access and eliminates straight-ticket voting. It also will soon be easier to vote by mail. Citizens will have more time to register to vote. And we will have more secure voting machines. Additionally, I voted "YES" because this bill provides \$4 million to help promote an accurate and complete census count. When more people vote, we all win.



## The Rising Costs of Prescription Drugs:

In September, I hosted a House Democratic Policy Committee hearing on the rising cost of prescription drugs. I will continue to fight for citizens so we can reduce these costs and make medical care affordable for everyone. To be faced with a choice of which, if any, medicines one can afford is unfathomable. The gouging of prices for life-saving drugs needs to be curbed, which is why this next one matters so much to me...



**Insulin Price Cap:** I introduced HB 1873, a bill that would cap the monthly cost of insulin for patients in Pennsylvania. Did you know that the average annual cost for a person with Type 1 diabetes was recently nearing \$6,000? That's a 600% increase over 15 years. And it's ridiculous. Our bill would set a mandatory price cap of \$100 per month on insulin because one in four Americans should NOT be rationing their insulin. Nobody should have to ration life-saving medicine.

**Chlorpyrifos Ban:** In the coming weeks, I will be introducing a bill that would ban chlorpyrifos. If you're wondering what that is, it's the most

commonly used insecticide in the United States. But exposure to chlorpyrifos through inhalation or ingestion can have effects on humans similar to sarin gas. It can lead to headaches, dizziness, confusion, vomiting and abdominal pain. Extreme exposure can even lead to death. It's also toxic to birds, fish and bees. It's been banned for residential use since 2000, and was restricted commercially until 2015, when the EPA recommended a complete ban. But in 2017, soon after President Trump took office, the EPA reversed course and again allowed its usage. My bill would prohibit its use anywhere within Pennsylvania.

**Recognizing the 10th Anniversary of the Pennsylvania Innocence Project:** Before I entered the legislature, I did pro bono legal work for the Pennsylvania Innocence Project for years. This group, in operation since 2009, has so far returned 14 innocent individuals to their lives within society. The Project does so much for our state, notably advocating for criminal justice reform and providing clinical training to law, journalism, criminal justice and forensic science professionals. To honor their work, I introduced HR 318 to celebrate the Project's 10-year anniversary.



**Grants for the local community:** So far this year, my district and nearby parts of Delaware County have secured more than \$5.5 million in state grants. That includes \$315,000 across nine area schools for computer science classes and instructor training; \$2.2 million to Upper Darby School District for various school safety projects; \$1.4 million for Delco family, women, victim and related countywide services; \$1.5 million to assist construction of a revitalized shopping center in Upper Darby, and \$43,000 to local schools for school safety equipment.





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lpo.km.1119

## Upcoming Events in the District



### Holiday Home Heating Event

**Tues., Dec. 3**

**6:30 p.m. – 8 p.m.**

Garrettford-Drexel Hill Fire Co.  
323 Edmonds Ave.  
Drexel Hill, PA 19026

Join Rep. Zabel for a holiday party and learn about ways to keep your home warm for the winter. Free food!

### Online Dangers: Protecting our Children on the Internet

**Tues., Jan. 28**

**6:30 p.m. – 8 p.m.**

Aldan Elementary School  
1 N. Woodlawn Ave.  
Aldan, PA 19018

Join Rep. Zabel and the Attorney General's office for a presentation about how to keep our children safe on the internet.



### Environmental Expo

**Saturday, March 7**

**11 a.m. – 2 p.m.**

Haverford Community Recreation  
& Environmental Center  
9000 Parkview Dr.  
Haverford, PA 19041