

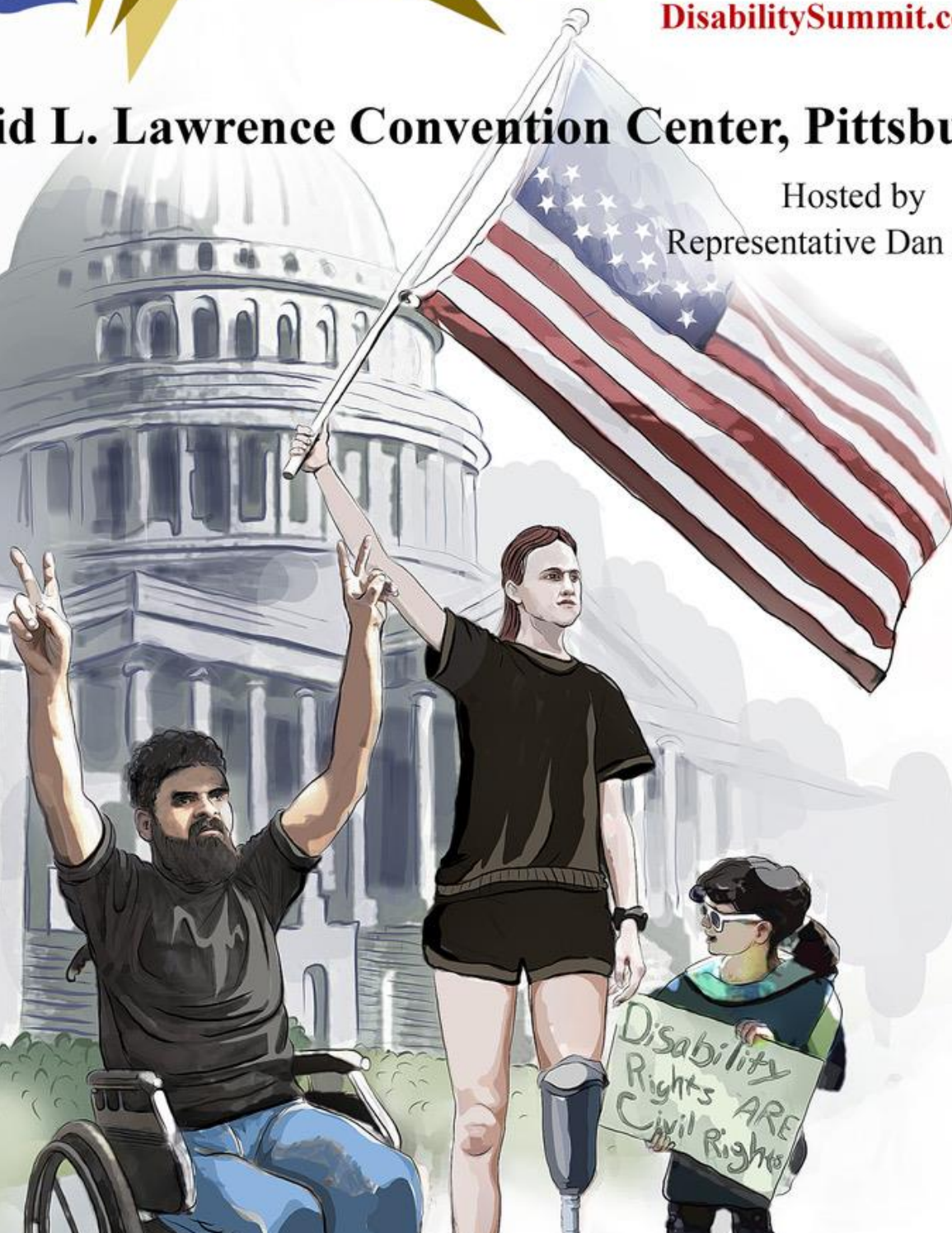
Disability & Mental Health Summit

Celebrating ADA 30th Anniversary

DisabilitySummit.com

David L. Lawrence Convention Center, Pittsburgh

Hosted by
Representative Dan Miller





Welcome from Rep. Dan Miller

Over sixty million adults in the United States live with a disability. Millions more have a mental health diagnosis that may not qualify as a disability, but which still carries with it challenges that can impact daily life. Mobility continues to be a massive issue, especially for the over 40% of seniors who have a disability; health care and access bring many hurdles, particularly to families struggling with costs or dealing with waiting lists; and employment remains a pipe dream for far too many, where here in Pennsylvania over 65% of people who have a disability are not in the workforce. These facts, coupled with the reality that in Allegheny County our jail is our largest provider of daily mental health services, remind us all that there is so much work to be done to increase equality, opportunity, and independence for all.

Thirty years ago, thanks to the work of advocates and family members from across the country, a Democratic Congress and a Republican president came together to pass the Americans with Disabilities Act. A generation since its passage, there is a lot to be proud of. It is undeniably one of our nation's most important civil rights laws. Combined with a more inclusionary education approach, we are increasing possibilities for many. But stigma, access, and underemployment continue to plague our progress. We need our state, federal and local officials to embed the promise of the ADA into every piece of legislation and every budget that they pass.

It is simply not too much to ask that we create a system in which access to services for those with a disability or a mental health diagnosis does not require living in poverty nor being involved with the criminal justice system. It is not too much to ask that we keep our promises and end waiting lists for critical services. And it is certainly not too much to ask that we work the private sector to redefine work environments when necessary, so that we make sure that everyone who wants to work, can work, and that they have a transportation system that allows them to do so.

We have a lot to do. This Summit stands on the shoulders of countless heroes, and we thank them all for their work. We also know that for every person who is able to attend, there is a parent who couldn't get off of work, a self-advocate who couldn't get an accessible ride, and a child in school today who simply hopes that his peers will talk to him. But we have made progress before, and we know that it just requires us to work together. The good thing is that, in today's time of hyper-partisanship, disabilities and mental health hold no party affiliation. Let us recapture that 1990 spirit of compromise and cooperation to once more take a big leap forward.

Dan Miller

State Representative, 42nd District

Cover Illustration by Frank Harris

This cover was inspired by the heroes who stormed the US Capitol in 1989-1990, fighting for the passage of the Americans with Disabilities Act. It culminated in the famous "Capitol Crawl," where dozens of patriots of all ages abandoned their wheelchairs and crawled up the steps of the Capitol to highlight lack of accessibility.



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ADA FOR ALLEGHENY COUNTY & PITTSBURGH



AMERICANS WITH DISABILITIES ACT 1990-2020





Summit Schedule

8:30 am - 9:30 am	Plenary	
9:40 am - 10:40 am	Workshops	
10:50 am - 11:50 am	Workshops	
12:00 pm - 1:00 pm	Workshops	
1:10 pm - 2:10 pm	Workshops	Legislative Panel: Disability & Mental Health Issues
2:20 pm - 3:20 pm	Workshops	
3:30 pm - 4:30 pm	Workshops	
4:40 pm - 5:40 pm	Keynote	
5:50 pm - 6:50 pm	Workshops	
7:00 pm - 8:00 pm	Workshops	



Legislative Action Center

The “Capitol Crawl” protest for disability rights on March 12, 1990



The July 26, 1990, signing ceremony for the Americans with Disabilities Act was the culmination of decades of work by individuals with disabilities, family members, service providers, and others who made sure their voices were heard. As we celebrate the anniversary of the ADA, we know that there is still much more to learn and much work to be done. It is in that spirit that we are hosting a Legislative Action Center (“LAC”), open throughout the summit.

The LAC is intended to help you find opportunities for advocacy on disability and mental health bills and learn how to make your voice heard by key elected officials. The LAC will be staffed with volunteers and will offer accommodations to ensure that all of our Summit attendees can participate!

At the LAC you can add your name to petitions urging action on bills that you find relevant. Also, working with over 100 local advocates, we created a “Priority 11” list of disability and mental health bills that we believe must see action in 2020. The LAC will provide you with specific contact information for the elected leader who needs to respectfully hear from you about why these bills are important! Additionally, in most of our sessions, you will find a “Priority Push Bill” that is specifically related to that particular topic. This will give you another opportunity to follow up on a bill that matters to you by simply following the outreach instructions that will help magnify your voice today.

The ADA became law because people like you spoke up and demanded action. By joining together, there is much we can accomplish. Please stop by the Legislative Action Center to discover how you can be part of the solution!



Summit Session Information

8:30 am – 9:30 am Plenary

1. Featured Speakers on Behalf of Governor Wolf

Room 303

Secretary Teresa Miller, Department of Human Services

Many Pennsylvanians are struggling with mental health issues but lack the support and resources to get the help they need. Governor Wolf has launched a multi-agency effort and anti-stigma campaign, “Reach Out PA: Your Mental Health Matters,” that seeks to remove barriers that keep the state’s residents from access to mental health care.

Secretary Miller will discuss these efforts which will ensure that every Pennsylvanian can access care and more agencies can respond to the challenges facing Pennsylvanians struggling with their mental health.

Kristin Ahrens, Deputy Secretary for the Office of Developmental Programs

Pennsylvania’s service systems for people with disabilities have very much been shaped by the Americans With Disabilities Act, and recent changes in federal Medicaid policy are directly connected to the ADA. Deputy Secretary Ahrens will discuss the critical role that employment plays in achieving the goals of the ADA and the goals of our service systems that support people with disabilities.

9:40 am – 10:40 am Workshops

2A. Fulfilling the Promise of the ADA: Employing People with Disabilities

Room 303

Joyce Bender, President and CEO Bender Consulting Services

Companies such as Highmark and PNC are leading the way in their commitment to building a workforce that represents the diversity of talent in our region. Meet the business leaders who are responsible for building an engaged and accessible workforce that includes individuals living with disabilities, as they discuss the business value of hiring people with disabilities and the success factors required to build a workforce to meet the challenges of today and tomorrow. As a person living with epilepsy, Joyce Bender, CEO of Bender Consulting Services Inc., will kick off the session discussing what it means to develop and engage a successful team by making “talent the only discriminator.”

2B. Using the IEP Framework to Provide Holistic Transition Services to Students with Autism and Multiple Disabilities

Room 306

Rick Lipa, MEd, The Day School at The Children’s Institute of Pittsburgh

Lisa Paglia, The Day School at The Children’s Institute of Pittsburgh

Mary Sanderson, MS OTR/L, The Day School at The Children’s Institute of Pittsburgh

While many parents, guardians, and educators are familiar with the phrase “transition services,” what does this term truly encompass? This session will provide an overview of the IEP transition grid by breaking down the three transition goals. For each goal, transition services and common terms will be defined. Case studies of current Day School students will be discussed and students will be present to share experiences in their own words.

<p>2C. Walking Caregivers Through the Process of Helping Youth with Symptoms of a Mental Health Condition</p> <p>Room 307</p>	<p><i>Debbie Ference, Chief Operating Officer, NAMI Keystone Pennsylvania</i> <i>Susan Caban, Director of Education, NAMI Keystone Pennsylvania</i></p> <p>When a child is experiencing symptoms of a behavioral or mental health condition, it can impact the entire family. This workshop will preview the NAMI Signature program, NAMI Basics, that walks parents and caregivers through the complicated process of taking care of their child, their family, and themselves.</p>
<p>2D. Autism and Behavior: Creating Supportive Environments to Promote Positive Behaviors</p> <p>Room 311</p>	<p><i>Rachel Schwartz, Ph.D., BCBA, Education Consultant, The Watson Institute</i></p> <p>Join us to learn practical applications of evidence-based strategies to support the needs of individuals with autism. In this interactive session, Dr. Rachel Schwartz will share current best practices to help support positive behavior changes across environments. She will outline how to conceptualize behavior and implement strategies to support individual success across settings, and she will provide attendees with step-by-step guidance in how to think about and assess behavior in different environments and set up individuals with autism for success.</p>
<p>2E. Experience Dyslexia: A Simulation</p> <p>Room 310</p>	<p><i>Dr. Denise Morelli, PBIDA Board Member</i> <i>Mindy Bramer, Director of Professional Development, Provident Charter School</i> <i>Maria Paluselli, Chief Learning Officer, Provident Charter School</i> <i>Christine Craig Seppi, President PBIDA</i></p> <p>Many have read about dyslexia, but few have experienced it. Session attendees will engage in activities that mimic the experiences and processing of those with dyslexia. Presenters will also provide a brief overview of dyslexia's neurological basis, demographics, warning signs and interventions.</p>
<p>10:50 am – 11:50 am Workshops</p>	
<p>3A. Universal Design for Learning and Essential Functions</p> <p>Room 306</p>	<p><i>Beverly Barkon, PhD, Professor, Carlow University</i></p> <p>Universal Design for Learning (UDL) has been applied to many aspects of learning. This session will explore its application to the challenge of reasonable accommodations supporting the ability of individuals with disabilities to perform the essential functions of a range of jobs.</p>



61 million

or



1 in 4 adults

61 million U.S. adults - about 1 in 4 - have a disability that impacts a major part of their life.

Centers for Disease Control and Prevention

<p>3B. Guardianship and Other Forms of Substitute Decision Making & Understanding Mental Health Advance Directives in Pennsylvania</p> <p>Room 303</p>	<p><i>Rich Howard; Eric O'Connor, NCG; Dr. Libby Moore, LSW, Dhce, NCG, Dr. Sarah Stockey, Dhce; and John Kordish, LSW, NCG; all of River Communities Fiduciary Services, Inc. Nikki Dawson, MSW, Advocacy Director, NAMI Keystone PA Aleta Barnett, BS, Adult Mental Health Advocate, NAMI Keystone PA</i></p> <p>During this combined session, representatives from River Communities (RCFS) will share their real-life experiences supporting individuals who present with many unique needs and situations, as they provide helpful information about Powers of Attorney, Representative Payee Services, all types of Substitute Healthcare Decision Making, Guardianship, and more.</p> <p>RCFS will be joined by representatives from NAMI Keystone PA, who will share information regarding Mental Health Advanced Directives, powerful self-advocacy tools designed to empower mental health consumers to make their own decisions regarding treatment before a crisis arises and emergency intervention is required.</p>
<p>3C. A Better Understanding of Behavior: Using Functional Behavioral Assessment for People with Mental Health Needs</p> <p>Room 311</p>	<p><i>Stacy L. Nonnemacher, Ph.D., Clinical Director, Bureau of Supports for Autism and Special Populations in the Office of Developmental Programs, PA DHS</i></p> <p>Professionals and families are constantly seeking answers for why someone engages in behavior that may be destructive or harmful to themselves or others. This session will review the foundations of behavioral support, presenting Functional Behavioral Assessment (FBA) as a viable tool in better understanding behavior. Steps of the FBA process will be presented for the purpose of practical application focusing on utilization of the tool with people who have mental health needs.</p>
<p>3D. Early Intervention - Birth to 5</p> <p>Room 307</p>	<p><i>Kathy Sullivan, M.Ed., Preschool Service Coordinator, DART Erica Balint, Outreach Coordinator, Alliance for Infants & Toddlers</i></p> <p>For those who are diagnosed at an early age, starting and maintaining services until kindergarten is key to progress. This session will discuss the referral and evaluation process for young children, as well as what services are available and how they are delivered. It will describe the transitions that occur at 3 years of age and at the entry to school, and will help parents of young children with special needs understand the types of resources available to them.</p>
<p>3E. Making Math Accessible for All Students: Utilization of Assistive Technology Resources</p> <p>Room 310</p>	<p><i>Scott Dougherty, M.Ed., Allegheny Intermediate Unit Shelly Burr, Ed.D., Allegheny Intermediate Unit</i></p> <p>Mathematics instruction and resources have changed considerably over the last several years. With the increased use of manipulatives and interactive materials, students, parents, and teachers may struggle with access for some students. In this session, participants will learn about resources and instructional strategies in the area of manipulatives to better support students with disabilities.</p>

12:00 pm – 1:00 pm Workshops

<p>4A. Ten Things You Need to Know about Special Education</p> <p>Room 310</p>	<p><i>Jeff Ruder, Esq., Ruder Law</i></p> <p>IEPs and 504 plans can be confusing. With so many pages and so much data, it's easy for parents and self-advocates to get lost in the process. Ruder Law, which specializes in representing parents of students with disabilities in school matters, will share the keys to being a strong advocate.</p>
<p>4B. Inclusive Practices for Secondary Transition</p> <p>Room 306</p>	<p><i>Hillary A. Mangis, Ph.D., PaTTAN</i> <i>Christine A. Moon, PaTTAN</i></p> <p>The essential job of every school is to help ALL students to learn, grow, and succeed not just in the classroom but, more importantly, BEYOND the classroom. During this session, participants will engage in learning activities to explore IDEA transition requirements and best practices, as well as employment legislation requirements, while challenging their own beliefs surrounding inclusive practices and the resources that support them.</p>
<p>4C. The Intersection between Mental Health and Addiction: Eliminating the Stigma of Seeking Care</p> <p>Room 307</p>	<p><i>Dr. Caesar DeLeo, Vice President, Executive Medical Director, Clinical Strategies, Highmark Blue Cross Blue Shield</i> <i>Stuart Fisk CRNP, Director Center for Inclusion, Health Allegheny Health Network</i></p> <p>Many people carry a dual diagnosis of mental health and addiction issues, which not only increases the challenge of effective treatment, but heightens stigma as well. Too many still consider addiction to be largely the fault of the person. This issue is an indicator of stigma as a significant barrier to people seeking treatment. The experts in this session will talk about the public health approach to addressing such scenarios and why it is an important health goal to eliminate stigma.</p>
<p>4D. Privilege and Prejudice: Disability in Black, White and Grey</p> <p>Room 311</p>	<p><i>Katherine A. Shecora, LSW, Vice President, National Association of Social Workers, Pennsylvania Chapter</i> <i>Cynthia J. Corbin, LCSW, President, National Association of Social Workers, Pennsylvania Chapter</i></p> <p>Physical or emotional impairments can happen to anyone at any time, in an instant. The purpose of this presentation is to initiate a conversation about the life changes that can happen with the onset of an impairment, and how social class, education, race and age can impact the quality of one's journey.</p>



48 million or  **1 in 5 adults**

You are not alone.

1 in 5 adults in the U.S. experience mental illness in any given year.

National Alliance on Mental Illness

2020 Disability & Mental Health Summit hosted by Rep. Dan Miller

<p>4E. Executive Function Skills: Promoting the Development of Essential Life Skills</p> <p>Room 303</p>	<p><i>Dr. Erin J. Grimm, Training & Consultation Coordinator, Allegheny Intermediate Unit</i> <i>Crystal Vogtsberger, Training & Consultation Coordinator, Allegheny Intermediate Unit</i></p> <p>Executive function skills are what a student needs to make any of their hopes and dreams for their future come true. Please join us as we take a deeper dive into the 11 essential areas of executive function and discover three ways to manage executive skill needs, specifically geared towards each area: modifying the environment, teaching the skill and using incentives.</p>
<p>1:10 pm – 3:20 pm Legislative Panel</p>	
<p>5A. State Policies on Disabilities & Mental Health</p> <p>Room 303</p>	<p><i>Senator Pam Iovino, 37th Senate District, moderator</i> <i>State Representative Dan Miller, 42nd Legislative District, moderator</i> <i>State Representative Natalie Mihalek, 40th Legislative District, moderator</i></p> <p>Representatives, Senators, and elected leaders from across the area will get together for a panel discussion to talk about state policies and legislative initiatives that need to advance in order to increase independence and opportunity for everyone.</p>
<p>1:10 pm – 2:10 pm Workshops</p>	
<p>5B. Navigating Medicaid for a Child with a Disability</p> <p>Room 306</p>	<p><i>Leigh Anne Kustra, MHA, MBA, Gateway Health</i></p> <p>This session will provide a comprehensive understanding of the role that Medicaid plays in the provision of both physical and behavioral healthcare to children with disabilities in Pennsylvania. Topics include the enrollment criteria and process, how to work with providers, what to expect from your health plan, coordination of benefits with primary insurance, and much more.</p>
<p>5C. ENGAGE Early: Influencing the Outcomes of Psychosis in a Proactive Way</p> <p>Room 307</p>	<p><i>Marci Sturgeon-Rusiewicz, MS, NCC, LPC, CPSS, CPRP, Doctoral Candidate, Senior Manager of Recovery and Resiliency, Wesley Family Services</i> <i>Kyran John Phillip, Certified Peer Specialist, Peer Support and Advocacy Network</i></p> <p>This interactive presentation will highlight the importance of treating psychosis in its earliest stages and describe the Coordinated Specialty Care (CSC) treatment model used in the ENGAGE Program, a recovery-oriented treatment program for people with first-episode psychosis. With early and targeted interventions, programs like ENGAGE are preventing psychosis from reoccurring and are resulting in positive, life-altering outcomes for youth and young adults who would have previously developed full disability and potential cognitive impairment.</p>

2:20 pm – 3:20 pm Workshops

6B. Services for Students and Youth: Pennsylvania Office of Vocational Rehabilitation

Room 306

Erika Kauffman, M.ED; John P Miller, MRC, MA. CRC, CAADC OWDS; Jim Lilley, MS; Cindy Rosentreter, MS, CRC; Beth Traynor MS, LPC, CRC; all of Office of Vocational Rehabilitation

Vocational Rehabilitation Supervisors from the Pittsburgh Office of Vocational Rehabilitation (OVR) will present information about services offered to students and youth with disabilities between the ages of 14-21 within Allegheny County. A timeline of when, how, and who can access OVR services will be defined, and collaborations with local agencies and employers will be described.

6C. Positive Outcomes Using Customized Programs across the Lifespan: Helen Keller National Center's Comprehensive Vocational Training and Personal Adjustment Program and Services

Room 307

Dr. Cynthia L. Ingraham, East Central Representative, Helen Keller National Center

In recent years, numerous changes to rehabilitation services have transected with specific legislation to improve the lives of deafblind consumers of all ages and educational backgrounds. However, access to quality education, employment, and mental health services for this group remains woefully behind that of other disability categories. Attendees will learn how the Helen Keller National Center's (HKNC) focus on individualized programming, structured support and specialized training has resulted in deafblind consumers experiencing successful outcomes across all service areas through a unique collection of training programs.

3:30 pm – 4:30 pm Workshops

7A. The Intersection of Elder/Long-Term Care and Special Needs Planning

Room 303

*Nora Gieg Chatha, Esq. Tucker Arensberg, P.C.
Brittany R. Holzer, Esq. Tucker Arensberg, P.C.*

This session will prompt parents, guardians and caregivers of individuals with special needs to consider their own personal and long-term care planning needs so that they can better plan and advocate for the transition of the advocacy and support they provide to their disabled loved ones as they age.

7B. From Referral to Job Placement: Pennsylvania Office of Vocational Rehabilitation

Room 306

Megan Nocera, MS; John P Miller, MRC, MA. CRC, CAADC OWDS; Jim Lilley, MS; Beth Traynor MS, LPC, CRC; all of Office of Vocational Rehabilitation

In this session, staff from the Pennsylvania Office of Vocational Rehabilitation (OVR) will outline the referral, application and eligibility process for VR services, and will discuss the difference between Pre-Employment Transition Services and Vocational Rehabilitation (VR) services. OVR will discuss the Individual Plan for Employment (IPE) and detail the potential services available to individuals who are determined to be eligible for VR services.

<p>7C. More Than Sad: Suicide Prevention Education for Parents, Teachers and Other School Personnel</p> <p>Room 315</p>	<p><i>Jesse Putkoski, M.S.Ed., Area Director, Western PA Chapter American Foundation for Suicide Prevention</i></p> <p>Addressing the mental health needs of children and youth is a critically important issue. In this session, participants will learn to recognize signs of depression and other mental health problems, initiate conversations with children and students, and get them help. This important information will give attendees greater confidence in having mental health conversations and encouraging those struggling to seek help.</p>
<p>7D. Navigating Transition in Health Care: Liftoff and Landing</p> <p>Room 307</p>	<p><i>Miya Asato MD, Director, LEND Program of Pittsburgh, UPMC Children’s Hospital of Pittsburgh</i></p> <p><i>Valire Copeland MSW, MPH, PhD, University of Pittsburgh School of Social Work</i></p> <p><i>Loreta Matheo MD, UPMC Children’s Hospital of Pittsburgh, Div. of Adolescent and Young Adult Medicine</i></p> <p><i>Tomar Pierson-Brown JD, LL.M, University of Pittsburgh School of Law</i></p> <p><i>Elizabeth Humphrey, LEND Program of Pittsburgh</i></p> <p><i>Astrid Arroyo, LEND Program of Pittsburgh</i></p> <p>The modern view of transitioning from pediatric to adult health care settings focuses on a dynamic process engaging the young adult, family, and providers. A team approach can facilitate a longitudinal process to enable empowerment of young adults, families, and facilitate cross-system communication. In this presentation, a multidisciplinary panel will discuss unique challenges for those with concurrent disabilities and mental health conditions using case examples and identifying strategies to ensure successful transition for all stakeholders.</p>
<p>7E. Communication Disorders: From Assessment to Treatment</p> <p>Room 310</p>	<p><i>State Representative Brandon Markosek, 25th Legislative District</i></p> <p><i>Caterina Staltari, Director of Clinical Education, Duquesne University, Dept. Speech-Language Pathology</i></p> <p>Communication disorders can take on many forms, from sound production to language and cognitive disorders in children and adults. They can be the result of developmental challenges or can be acquired because of neurological or physical conditions. Early and appropriate assessment with subsequent treatment is essential for remediation or recovery. Learning what supports are available and learning how to advocate for those supports is essential. Caterina Staltari will discuss the importance of assessment and identification of appropriate treatment goals. Representative Brandon Markosek will share his story as a successful professional who has overcome a speech disorder.</p>



20% of children - about 15 million - living in the U.S. experience a mental health condition in a given year.

Centers for Disease Control and Prevention

7F. You've Gotta Have "Faith": A Student's Experience with Having a Service Dog at School and in the Community

Room 311

Lori Sutton, Director of Special Education, Bethel Park School District
Dr. Heather Doyle, Director of Special Education, Mt. Lebanon School District
Suzanne Lochie, Supervisor of Student Services, Keystone Oaks School District
Melissa Szabo, Student, & her service dog, Faith
Karen Szabo, Parent
Anthony Mannella, Director of Transition Services, PA Connecting Communities
Dr. Richard Dowell, Principal, Mon Valley School
Julie Hernandez, Special Education, Bethel Park High School

The Americans with Disabilities Act of 1990 (ADA) defines service animals as dogs that are individually trained to do work or perform tasks for individuals with disabilities. Covering a range of aspects from the legal background to interagency collaboration to practical tips and strategies related to service dogs, this session will feature a panel presentation to share one student's experience of having the support of a service dog at school and in the community.

4:40 pm – 5:10 pm Keynote Speaker

8A. Keynote: The Future of Disability Advocacy after the Success of the Americans with Disabilities Act

Room 303

The Honorable Tony Coelho, Member of the US House of Representatives from 1979-1989, of the 15th Congressional District of California

Congressman Coelho introduced the Americans with Disabilities Act and championed its passage, but that wasn't the end of his advocacy or the entire story of his passion. In his keynote address, the Congressman will talk about how and why the ADA was introduced, discuss his own disability story, and talk about what must come next in the fight to increase independence and opportunity for everyone

5:10 pm – 5:40 pm Plenary

8B. The Inside Story of How the Americans with Disabilities Act Became Law

Room 303

Bobby Silverstein, Principal, Law Firm of Powers, Pyles, Sutter & Verville, PC, and member of the State Exchange on Employment and Disability (SEED) team
Michael Gamel-McCormick, Disability Policy Director, Senate Special Committee on Aging, Senator Bob Casey

The fight for passage of the ADA was a long struggle, fought both inside and outside the Capitol. The product of a Democratic Congress and a Republican president, this session will go behind the scenes with two key staffers who know the inside story on how compromise was found, pitfalls were avoided, and how, at the end, a landmark piece of civil rights legislation was created that improved the futures of millions of Americans.

5:50 pm – 6:50 pm Workshops

<p>9A. Living My Good Life – How It’s Achievable</p> <p>Room 303</p>	<p><i>Kathy Davis, Supervisor, Promising Practice Team, Allegheny County DHS</i> <i>Erin Karus, M.Ed., Coordinator, Promising Practice Team, Allegheny County DHS</i> <i>Michael Carnicella, MA, CEO, Transitional Options, Inc</i> <i>Aeisha M. Carter, MAEd, CEO, Tutelage Residential Services</i> <i>Carol Erzen, M.Ed., Staff Development Executive, Merakey</i> <i>Elizabeth Humphrey, Self-Advocate</i> <i>Kimberly Katruska, PhD, Merakey</i></p> <p>This session will challenge the frameworks of traditional service paradigms as individuals enter adulthood or continue to change and grow within their existing support system. Discussion will focus on using individualized strategies to help individuals identify what constitutes their “Good Life” and finding innovative ways to achieve it.</p>
<p>9B. Yes, You Can Go to College!</p> <p>Room 306</p>	<p><i>Dr. Ann Marie Licata, Director, Pennsylvania Inclusive Higher Education Consortium</i></p> <p>The opportunity for a true college experience for young adults with intellectual disabilities has grown tremendously in our state since 2015, with the help of the Pennsylvania Inclusive Higher Education Consortium. Over 27 colleges and universities are a part of this network, which is raising awareness, developing inclusive initiatives and providing full, inclusive access to college. This session will describe the initiative, what experiences look like, and how participants can get more information.</p>
<p>9C. Engaging Fathers: The Importance of Dads and Effective Ways to Engage</p> <p>Room 307</p>	<p><i>George Fleming, Allegheny Family Network, moderator</i></p> <p>Research shows that fathers not only have the capacity for care giving, but that children benefit directly from dads’ parenting contributions. Related findings indicate that fathers’ emotional absence has long-lasting negative effects on child development. Unfortunately, institutional systems including mental health, legal, workforce development, housing and child welfare often operate in ways that create challenges and barriers to fathers. Attendees will learn about a framework for engagement of fathers that has shown positive outcomes, and will hear from a widowed father who is currently raising his children while navigating these systems.</p>
<p>9D. Integrated Care: Providing Quality Services to Address Rehabilitation, Disability and Mental Health</p> <p>Room 315</p>	<p><i>Kimberly K. Mathos D.O., M.P.H., Assistant Professor of Psychiatry, University of Pittsburgh Medical Center</i> <i>Susan Rudisin, M.Ed., CRC, LPC, Outpatient MH provider, University of Pittsburgh Center for Recovery Services.</i></p> <p>For many years, people with multiple disabilities have been inadequately or incompletely served by the physical, mental health and social service systems. Meeting the needs of people with complex needs has often been a challenge for providers, but there have been many recent positive changes where agency collaborations have benefitted local consumers. Cross trainings, integration of services, peer support, and advocacy efforts have collectively helped to promote positive change. In our presentation, we will discuss how consumer, academic and community partnerships have made life better for everyone.</p>

<p>9E. The Essential Elements of Customized Employment</p> <p>Room 310</p>	<p><i>David Wargo, ADEPT Program Specialist, The Arc of Pennsylvania</i> <i>Michal Wargo, ADEPT Program Specialist, The Arc of Pennsylvania</i></p> <p>Everyone can work. Learn how Customized Employment services can help individuals with disabilities who are struggling to find employment find meaningful work with local employers that aligns with their interests, skills and needs. These customized jobs are negotiated to meet the needs of the individual and the employer. The presenters will walk attendees through the Customized Employment process and share real-world success stories.</p>
<p>9F. Building Networks with Purpose</p> <p>Room 311</p>	<p><i>Katie Smith, Youth Leadership Coordinator, PEAL Center</i> <i>Erin Weierbach Youth Empowerment Coordinator, PEAL Center</i></p> <p>Have you ever heard the expression, “It’s not what you know. It’s <i>who</i> you know”? This session will allow transition-age youth and the people who care about them to explore the importance of creating a network and the process of building social, community and professional relationships. Participants will leave with an introduction to the skills and the networking potential inside of them an understanding of ways to utilize those tools in real life situations.</p>
<p>7:00 pm – 8:00 pm Workshops</p>	
<p>10A. Cities of Inclusion</p> <p>Room 303</p>	<p><i>Kraig Makohus, Senior Director of Development, Special Olympics Pennsylvania</i></p> <p>Come learn about the exciting work being done in Pittsburgh and Philadelphia to become the world’s first recognized “Cities of Inclusion.” Our vision is a city where people with disabilities lead healthy and fulfilling lives as respected members of a more inclusive society.</p>
<p>10B. Relationships and Healthy Sexuality in the ID Community</p> <p>Room 306</p>	<p><i>Gregory Cherpes MD Medical Director, Pennsylvania Office of Developmental Programs</i> <i>Dr. Beverly Frantz PhD, Temple University Institute on Disabilities</i></p> <p>A National Public Radio (NPR) investigative report concluded that people with a disability are seven times more likely to be sexually abused than those without a disability, making an already vulnerable population even more susceptible to abuse, exploitation and neglect perpetrated by others. The ability to enjoy and experience healthy sexuality and relationships is deeply impeded by the pain and mistrust associated with sexual trauma and victimization. Awareness must be raised in each of these areas to ensure that everyone is equipped to be vigilant for the signs of abuse and serve as advocates for people with disabilities.</p>
<p>10C. Mass Violence: Why Psychological Trauma is a Public Health Matter</p> <p>Room 307</p>	<p><i>Dr. Tracy L. Scanlon, LPC, CT, CEAP, Outreach Teen & Family Services</i></p> <p>Acts of mass violence, and the psychological trauma that results from them, are having an impact on the mental well-being of our communities that must be addressed. In this session, we will look to better understand these psychosocial consequences, discuss how to build resilience, and consider what steps we can take to help safeguard the mental wellness of our community.</p>

<p>10D. Cross-Disability Perspective for Emergency Preparedness</p> <p>Room 315</p>	<p><i>Leah Gray, Independent Living Coordinator, Disability Options Network</i> <i>Tom Franz, PEMA and the Pennsylvania Volunteers</i></p> <p>Everyone needs to be prepared for an emergency, but planning ahead can be critical for an individual with a disability. Members of the PEMA Taskforce for Disability Inclusion will address what individuals should do to prepare themselves for any and all types of emergencies. Each individual in attendance will receive a “go kit” containing several of the items that everyone should have readily available in case of an emergency, whether in an evacuation or shelter-in-place situation.</p>
<p>10E. How History Informs the Present about Housing Options for People with Disabilities</p> <p>Room 310</p>	<p><i>Mary Hartley, Project Director Western Pennsylvania Disability History and Action Consortium</i> <i>Guy Caruso, Ph.D., FAAIDD, Institute on Disabilities at Temple University</i> <i>Nancy Murray, M.S., President, The Arc of Greater Pittsburgh at ACHIEVA</i></p> <p>This presentation will briefly review the historically segregated housing options for people with disabilities, the community living movement housing options, and other intentional community types of residential settings. Most of the presentation will address “best practices” of housing options today, as well as respond to efforts that are still promoting segregation and congregation.</p>
<p>10F. Survival Guide for College-bound Students that Think Differently</p> <p>Room 311</p>	<p><i>Collin Diedrich, PhD, Learning Disabilities Association of Pennsylvania</i></p> <p>College can be scary for students who think differently. Dr. Diedrich has multiple learning disabilities and knows how much of a barrier college can be. He will share his personal story about how he overcame his disabilities as he teaches future college students how to self-advocate, become comfortable with failure, and learn how to overcome imposter syndrome.</p>
<p>9:00 am – 1:30 pm Special Programs for Students (Pre-Registered Only)</p>	
<p>Advocacy in Action</p> <p>Ballroom A</p>	<p><i>Pennsylvania Youth Initiative</i></p> <p>Transition-aged students will learn skills that will empower them to navigate disability support services through self-advocacy. Students will network with a variety of organizations and employers at the Resource Fair and will meet in small groups with state legislators to share their concerns and future dreams.</p>
<p>Building a Youth Mental Health Advocacy Network</p> <p>Room 315</p>	<p><i>Deborah Murdoch, MPH, Program Manager, Jewish Healthcare Foundation</i></p> <p>High school youth from southwestern PA will lead a skills-building workshop for mental health advocacy. The session is designed for youth and adults who work with them who are interested in promoting the youth voice across Pennsylvania. The aim is to build a network of young people working to reduce mental health stigma and improve access to and quality of care, while also advocating for change with state and local decision makers.</p>



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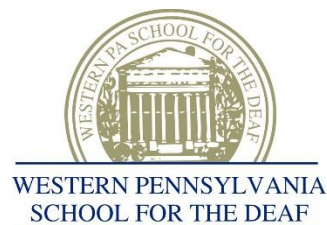
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Thank You!

Thank you to everyone who played a role in helping to make the Disability & Mental Health Summit something extra special this year! We're so grateful to all of our sponsors whose generosity made this event possible; special thanks to our Gold sponsor, Highmark Blue Cross Blue Shield, and our Silver sponsors, the Jewish Healthcare Foundation and Lamar. Thanks to all the members of our Planning Committee, who spent months helping us shape this program to make it as impactful as possible. Also, we could not have made this event happen without the efforts of the many volunteers who offered to help; we are particularly grateful to BNY Mellon and Allegheny Family Network for helping us to accomplish this. Thank you to the many speakers who shared their expertise with us, to all the elected officials who attended, and to our friends at the David L. Lawrence Convention Center for being so accommodating. Thank you too, to Beth El Congregation, who gave us a home when no one else would. Most importantly, thank you to the disability and mental health heroes of yesterday, on whose shoulders so many of us stand. Let us strive to be always worthy of their sacrifices and to act a strong bridge to what comes next.

2020 Planning Committee

21 & Able
446 Bridges
ACHIEVA
AIU3 Transition Coordinators
Council of Allegheny County
Allegheny Family Network
Allegheny Health Network
Allegheny Intermediate Unit
American Foundation for Suicide
Prevention
Bender Consulting
Bethel Park School District
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Children's Hospital of UPMC

Consumer Health Coalition
Disability Options Network
Disability Rights PA
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LTF3
Mt. Lebanon School District
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PEAL Center

Pittsburgh Public Schools
PA Mental Health Consumers'
Association
River Communities Fiduciary
Services, Inc.
Spina Bifida Association
Staunton Farm Foundation
The Provider Alliance
The Watson Institute
Trying Together
United Way/21 & Able
University of Pittsburgh School
of Social Work
UPMC
Wesley Family Services



President George H.W. Bush signed the ADA into law on July 26, 1990.



Continuing Education

Forms available in the Registration Area – look for the Continuing Education sign.

***** IMPORTANT *****

At the end of each session, a specific **4-digit code will be announced** – you must include codes on your forms for the sessions you attend in order to receive credit. There will be no exceptions.

CEU Credits for Social Workers

All sessions are approved for continuing education credit through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. A maximum of 10 credits can be earned at this Summit. These credit hours satisfy requirements for LSW/LCSW, LPC, and LMFT biennial license renewal. You must provide a check in the amount of \$10 payable to the University of Pittsburgh School of Social Work, along with your completed forms, prior to leaving the Summit.

Act 48 Credits for Educators

All sessions are approved for Act 48 credit for educators in Pennsylvania through the AIU. A maximum of 10 credits can be earned at this Summit. To ensure that your Act 48 hours are correctly reported to PDE, provide your seven-digit Professional Personnel Identification (PPID) number when completing your registration. There is no cost to obtain these credits.

CLE Credits for Lawyers

All sessions are approved for substantive CLE credit. A maximum of 8 credits can be earned at this Summit. Individuals will be responsible for completing and mailing all forms, along with the appropriate fee (payable to PACLE), to the Pennsylvania Continuing Legal Education Board. The certification fee is \$1.50/credit hour or partial credit hour. These credits are sponsored by River Communities Fiduciary Services, Inc.

CEU Credits for Rehabilitation Counselors

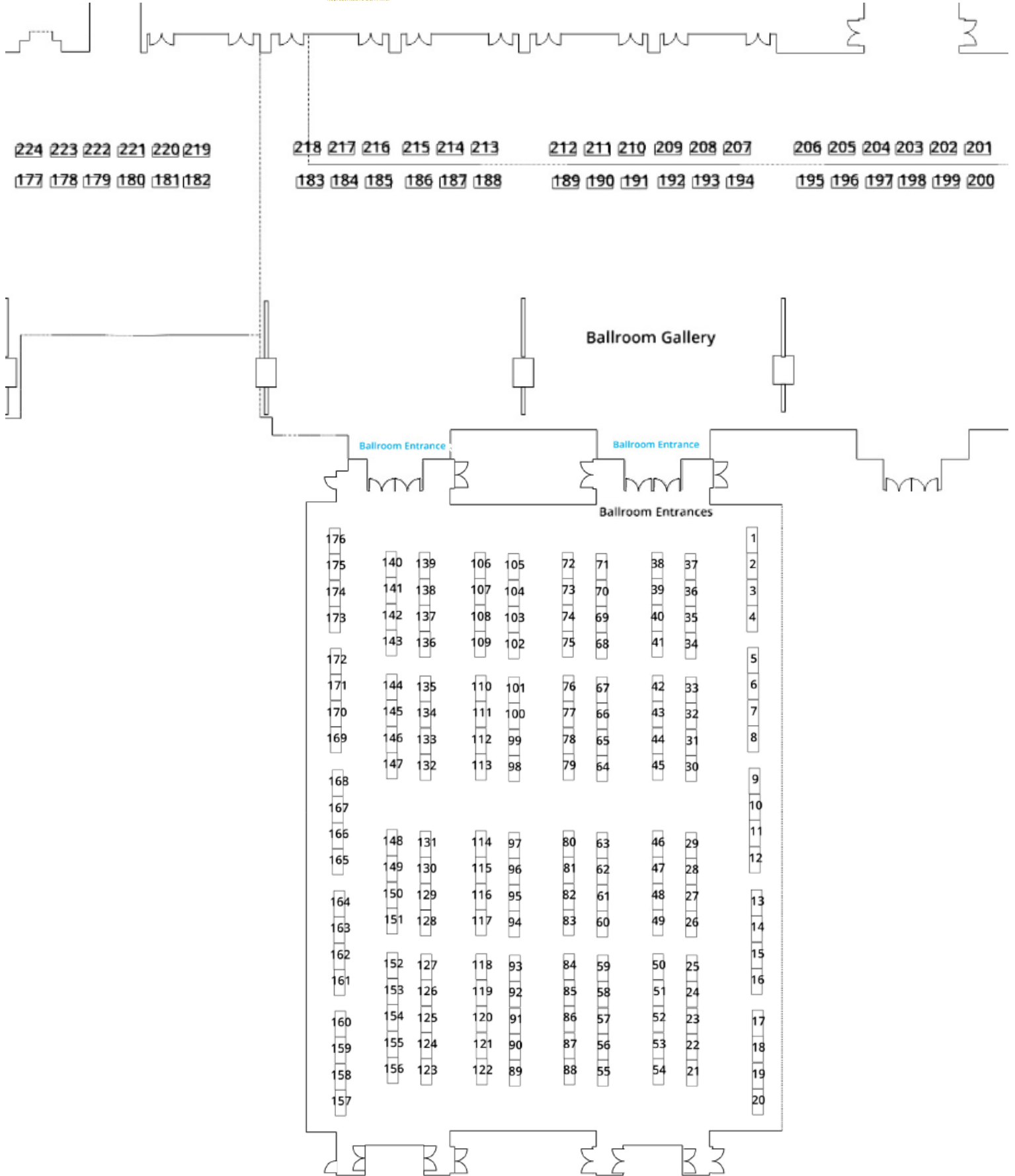
All sessions are approved for credit through the Office of Vocational Rehabilitation and will satisfy CRC requirements of continuing education for rehabilitation counselors. A maximum of 10 credits can be earned at this Summit. There is no cost to obtain these credits.

Interpreting Credits

All sessions are approved for CEU credits. A maximum of 1.0 credit hours can be earned at this Summit. To ensure that your CEU hours are correctly reported to RID, please make sure you list your RID member number on the form. These credits are sponsored by DeafStone Services Inc.



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David L. Lawrence Convention Center Map





Frequently Asked Questions

Accommodations

ASL Interpreters will be provided for the Plenary, Legislative Panel and Keynote sessions. Additional interpreters may be available based on advance attendee requests, and others will be roaming during the Summit. If you have made advance requests, please check in at the Accommodations table upon arrival.

Food/Beverages

All food and beverage cost is the responsibility of the Summit attendee. Due to DLCC policy, no outside food or beverage is allowed inside the venue. Concession stands will be open from 11 am - 6 pm in the West Atrium area.

IEP/504 Free Clinic

Limited private 15-minute appointments may still be available on a first-come, first-served basis. Attorneys from Ruder Law will be available to answer your IEP/504 questions. Look for the Clinic sign in the Registration area.

Notice of Photographic & Media Recording

When you attend the 2020 Disability & Mental Health Summit, you enter an area where photography and video recording may occur. By entering the event premises, you consent to such recording media and its release, publication, exhibition or reproductions. If you have any questions about waiving these rights, please contact one of the event organizers.

Mother's Room

A mothers' room is available on the 2nd level of the DLCC. A phone is provided at the entrance to the room to have a security guard come to unlock the room.

Resource Fair

The Resource Fair is open from 8 am – 7 pm in Ballroom B/C and in the Ballroom Gallery.

Quiet Room

The Quiet Room is located in Room 309. It is the ideal place to take a break with minimal distractions. Loud activity and other distracting behavior is discouraged. This room is intended to provide a quiet, calm space where attendees can spend time away from the noise, lights, and other stimuli of Summit spaces.




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42nd Legislative District

Chairman
Allegheny County House Democratic Delegation

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